The Frosty Runner Road Race
3.1 Mile Course

- Start at Old Colony RVTHS
- Continue down main road towards school
- Stay to leftt and make loop around Old Colony Drive (past the finish line)
- Left onto North Avenue
- Left onto Benson Road
- Right onto Allen Road
- Left onto Forester Road
- Left onto Gerrish Road
- Left onto Neck Road
- Left onto North Avenue
- Return to Old Colony RVTHS
- Proceed to finish line

http://www.usatf.org/routes/view.asp?rID=529782

Continue back to finish line at school

WATER STOP